

## Moisture Prevention!

Summer is here!!! Do you enjoy being outside gardening, walking, biking, or just relaxing? Summer weather brings humidity and hot days, which can cause perspiration and moisture. Perspiration and humidity can have an effect on hearing aids and how they are working.

During the summer months it is common to see an increase in moisture problems with hearing aids. It is very important to keep hearing aids dry and to keep them out of moist and humid areas. Moisture in hearing aids may cause hearing aids to not work at all, become intermittent, or create a static sound in the hearing aid.

Here are some tips to help prevent repair problems:

1. If you are going to be involved in activities, such as exercising, gardening, mowing the lawn, or any type of activity that may cause you to perspire you should take your hearing aids out. In the case of mowing the lawn you should wear hearing protection.
2. It is also a good idea to not store hearing aids in damp and moist areas, such as the bathroom.

Here are some other solutions that help with moisture problems for behind-the-ear hearing aids:

1. Earmold blower (\$5.00) would be used to help blow moisture out of hearing aid tubing.
2. Hearing aid sweat band (\$16.50) slides over a BTE hearing aid to help keep moisture and dust out of hearing aid.
3. Ear gear (\$23.00) slides over BTE hearing aids to prevent perspiration and may come with a clip to clip to a shirt if an individual is involved in sports or exercise to keep the hearing aid in place.
4. Super Seals (\$23.00) also slides over a BTE hearing aid to keep the hearing aid clean and dry.

Some other products that can be of help would be hearing aid dryers and these dryers can be used for any size of hearing aids. They consist of:

1. Hearing aid saver (\$6.00) which is a container that the hearing aids can be placed in at night or when they are not being used. The hearing aid saver has a pillow of silica gel that helps to pull moisture out of the hearing aids.
2. Box dryer (\$60.00) which is a small electric box that uses electronic heating elements to help remove moisture overnight.

Remember prevention of moisture is key. If you begin to have problems with moisture in your hearing aids this summer, try one of these products to help with the problem. If the problem continues please contact the audiologists at Professional Hearing Services. Have a wonderful Summer!



Hearing Aid Saver



Box Dryer



Ear Gear



Earmold Blower

PROFESSIONAL  
**HEARING**  
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## Audiologist Completes Coursework for her Doctorate

Lisa Kluge has been a member of our staff for 6 1/2 years. We are pleased to announce that she has successfully completed the necessary coursework to receive her Doctor of Audiology degree. Lisa will be attending graduation in Mesa, Arizona in August 2008 to receive her degree from A.T. Still University, Arizona School of Health Sciences. We would like to congratulate her on this accomplishment!

## Moisture Resistant Hearing Aids

Moisture can sometimes be a problem for wearers all year round. In those instances, there are hearing aids available that are water and moisture resistant. These hearing aids have a sealed housing around them that helps keep sweat, dirt, and water out of the hearing aids. These hearing aids consist of:



Phonak Naida, which is a power hearing aid, for those individuals with severe to profound hearing loss. The Phonak Naida offers an automatic directional microphone and multiple program option. It also has the capability of being Bluetooth compatible, which gives the user a wireless option with use of a cell phone.



MicroTech Curve, which is a receiver-in-the-ear hearing aid, that has an adaptive directional microphone and multiple program options with a push button. The MicroTech Curve is water resistant and also has voice indicators and reminders and a self check option.



Siemens Pure, which is also a receiver-in-the-ear hearing aid, that is moisture resistant rather than water resistant. Moisture resistant indicates that the hearing aid has a special coating covering it to help prevent moisture problems but it does not protect the hearing aid if the hearing aid was to be submerged in water. The Siemens Pure offers an automatic multiband directional microphone and multiple program options. It also gives the option of being Bluetooth compatible, giving a hands free option, and offers rechargeable batteries.